



2023 NFHS Football Exam - Part II

NOTE: In the exam situations, A—refers to the offensive team and B—refers to their opponents the defensive team. K—refers to the kicking team and R—refers to the receiving team. A1, B1, K1 and R1 are players of these teams. If team possession changes during the down, each team retains its identity. In kicking situations, it is not during a try and no fair-catch signal has been given unless specified. Unless stated, acts occur while: the ball is inbounds; a forward pass is legal; any out-of-bounds is between the goal lines. Line means scrimmage line. Reference to a foul is to a player foul which is not unsportsmanlike. There is no foul or change of possession, unless it is mentioned, and penalties are considered accepted for enforcement.

1. It is forward-pass interference if contact by B is obviously away from the direction of the pass.
 - A. True
 - B. False

2. If the game is interrupted due to weather during the last three minutes of the second period, and the delay is at least 30 minutes, the opposing coaches can mutually agree to shorten halftime intermission, provided there is at least a one-minute intermission (not including the three-minute warm-up period).
 - A. True
 - B. False

3. Towels must be a solid color but do not have to be the same solid color for each player. Towels may not be ball- or penalty-flag colored.
 - A. True
 - B. False

4. A player remains out of bounds until returning to the field and no body part touching out of bounds.
 - A. True
 - B. False

5. When a player on defense uses a hand or arm, the hand may not be in advance of the elbow at the time of the contact or at the shoulder or below unless the opponent squats, ducks or submarines.
 - A. True
 - B. False

6. The basic spot is the previous spot unless Rule 8-5-2 applies for a foul by A or B when the run or related run ends behind the line of scrimmage where there is no change of possession.
 - A. True
 - B. False

7. A football jersey does not need to completely cover the shoulder pads and all pads worn above the waist on the torso.
 - A. True
 - B. False

- 8 . Football gloves, not made of unaltered plain cloth, are not required to meet either the SFIA specification or the existing NOCSAE standard at the time of manufacture.
- A. True
 - B. False
- 9 . A multiple foul is one or more live-ball fouls (other than non-player or unsportsmanlike).
- A. True
 - B. False
- 10 . The spot of a player foul is where the foul occurs.
- A. True
 - B. False
- 11 . If a substitute enters the huddle and the replaced player does not leave the field immediately, it is a dead-ball, illegal participation foul.
- A. True
 - B. False
- 12 . It is an unsportsmanlike foul if any player attempts to focus attention upon himself with any delayed, excessive or prolonged act.
- A. True
 - B. False
- 13 . Catching is always preceded by touching the ball; thus, if touching causes the ball to become dead, securing possession of the ball has no significance.
- A. True
 - B. False
- 14 . A handed ball beyond the neutral zone is considered to be a pass.
- A. True
 - B. False
- 15 . A dead ball may become live only by a legal snap or free kick.
- A. True
 - B. False
- 16 . An offensive player is on his line of scrimmage when he complies with the position requirements of a lineman.
- A. True
 - B. False

- 17 . One of the requirements for being on the offensive line is that the lineman's head or foot must break an imaginary plane drawn parallel to the line of scrimmage through the waist of the snapper when the ball is snapped.
- A. True
 - B. False
- 18 . At the snap, at least eight A players shall be on their line of scrimmage.
- A. True
 - B. False
- 19 . It is illegal participation if a player is lying on the ground to deceive the opponent at or immediately before the snap or free kick.
- A. True
 - B. False
- 20 . A player who is attempting to pass is a runner until the player gives up possession of the ball by losing control of the ball.
- A. True
 - B. False
- 21 . If an illegal forward pass strikes the ground, the ball remains live.
- A. True
 - B. False
- 22 . If runner A1, who is beyond the neutral zone, tosses the ball forward, he has thrown an illegal forward pass.
- A. True
 - B. False
- 23 . When the team commits a live-ball foul followed by one or more dead-ball fouls, all fouls may be penalized.
- A. True
 - B. False
- 24 . During a down if B1 holds and then B2 commits an unsportsmanlike act, only one foul can be penalized.
- A. True
 - B. False
- 25 . A legal scrimmage kick can only be made from behind the neutral zone before team possession has changed.
- A. True
 - B. False
- 26 . A charged time-out occurs when the ball is dead and is the request of either a player or the head coach (or head coach's designee).
- A. True
 - B. False

- 27 . The clock shall not start on first touching by K.
A. True
B. False
- 28 . When a team attempts to conserve or consume time illegally, the referee shall order the game or play clock started or stopped.
A. True
B. False
- 29 . Protests of NFHS rules are not recognized.
A. True
B. False
- 30 . If runner A1 touches B1 while B1 is out of bounds, A1 is also out of bounds.
A. True
B. False
- 31 . A new force can be added to a kick in flight.
A. True
B. False
- 32 . A roughing the passer foul by B gives A an automatic first down.
A. True
B. False
- 33 . The penalty for an illegal forward pass from beyond the neutral zone is 10 yards and loss of down.
A. True
B. False
- 34 . No player shall intentionally go out of bounds during the down and influence the play.
A. True
B. False
- 35 . A pop-up kick is legal.
A. True
B. False
- 36 . When weather conditions are construed to be hazardous to life or limb of the participants, the crew of game officials is authorized to cancel the game.
A. True
B. False

- 37 . Yard lines shall be marked with a continuous line every 5 yards beginning and ending 6 inches from each sideline.
- A. True
 - B. False
- 38 . A player shall not chop block or clip.
- A. True
 - B. False
- 39 . Before the ready-for-play, A may designate the spot from which the ball is put in play anywhere between the hash marks following an awarded fair catch.
- A. True
 - B. False
- 40 . When the game clock is stopped due to Rule 3-5-7i and Team B is the only team to foul, the play clock will be set to 25 seconds.
- A. True
 - B. False
- 41 . The number "0" is a legal number.
- A. True
 - B. False
- 42 . When a foul is committed with less than two minutes remaining in either half, the offended team will have the option to start the game clock on the snap.
- A. True
 - B. False
- 43 . Only the umpire may order the ball changed between downs.
- A. True
 - B. False
- 44 . A chop block is a combination block by two or more teammates against an opponent other than the runner, with or without delay, where one of the blocks is below the waist and one of the blocks is above the waist.
- A. True
 - B. False
- 45 . It is legal for a player to conserve yardage by intentionally throwing an incomplete forward pass if, the passer has been beyond the lateral boundary of the free-blocking zone as established at the snap, and the pass reaches the neutral zone, including the extension beyond the sideline.
- A. True
 - B. False

- 46 . It is permissible for state associations to approve an extension of the team box and to determine the individuals who may be in the extended area, provided such extension is the same for both teams.
- A. True
 - B. False
- 47 . There is no limit to the number of coaches who may take part in an authorized team conference between the 9-yard marks.
- A. True
 - B. False
- 48 . Face tackling is an act by any player who initiates contact against an opponent at the shoulders or below with the crown (top portion) of his helmet.
- A. True
 - B. False
- 49 . The game officials shall assume authority for the game, including penalizing unsportsmanlike acts, 30 minutes prior to the scheduled game time - an earlier time if required by the state association - or as soon thereafter as they are able to be present.
- A. True
 - B. False
- 50 . It is a touchdown for A when a live ball in A1's possession breaks the vertical plane of B's goal line.
- A. True
 - B. False